

Estrogen receptor- α in osteocytes is important for trabecular bone formation in male mice

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The bone-sparing effect of estrogen in both males and females is primarily mediated via estrogen receptor- α (ER α), encoded by the *Esr1* gene. ER α in osteoclasts is crucial for the trabecular bone-sparing effect of estrogen in females, but it is dispensable for trabecular bone in male mice and for cortical bone in both genders. We hypothesized that ER α in osteocytes is important for trabecular bone in male mice and for cortical bone in both males and females. *Dmp1-Cre* mice were crossed with *ER α ^{lox/lox}* mice to generate mice lacking ER α protein expression specifically in osteocytes (*Dmp1-ER α ^{-/-}*). Male *Dmp1-ER α ^{-/-}* mice displayed a substantial reduction in trabecular bone volume (-20% , $P < 0.01$) compared with controls. Dynamic histomorphometry revealed reduced bone formation rate (-45% , $P < 0.01$) but the number of osteoclasts per bone surface was unaffected in the male *Dmp1-ER α ^{-/-}* mice. The male *Dmp1-ER α ^{-/-}* mice had reduced expression of several osteoblast/osteocyte markers in bone, including *Runx2*, *Sp7*, and *Dmp1* ($P < 0.05$). Gonadal intact *Dmp1-ER α ^{-/-}* female mice had no significant reduction in trabecular bone volume but ovariectomized *Dmp1-ER α ^{-/-}* female mice displayed an attenuated trabecular bone response to supraphysiological E2 treatment. *Dmp1-ER α ^{-/-}* mice of both genders had unaffected cortical bone. In conclusion, ER α in osteocytes regulates trabecular bone formation and thereby trabecular bone volume in male mice but it is dispensable for the trabecular bone in female mice and the cortical bone in both genders. We propose that the physiological trabecular bone-sparing effect of estrogen is mediated via ER α in osteocytes in males, but via ER α in osteoclasts in females.

Bone mass is maintained by highly regulated processes involving osteoblastic bone formation and osteoclastic bone resorption. Estrogen is the major sex hormone involved in the regulation of bone mass in females and several studies demonstrate that estrogen is also of importance for the male skeleton (1–6). The biological effects of estradiol (E2) are mainly mediated by the nuclear estrogen receptors (ERs), ER α encoded by the *Esr1* gene, and ER β encoded by the *Esr2* gene. The bone-sparing effect of estrogen in both males and females is primarily mediated via ER α (6–8), although the effect of ER α activation in bone might be slightly modulated by ER β in female mice (9–12).

Two studies using different strategies for the inactivation of ER α in osteoclasts have determined the role of ER α in osteoclasts for the bone-sparing effect of estrogen (13, 14). Nakamura et al. used *Ctsk* (Cathepsin K)-*Cre* mice to inactivate ER α in mature osteoclasts, resulting in trabecular bone loss caused by increased bone resorption in female but not male mice (14). In a separate study Martin-Millan et al. inactivated ER α in monocytes/osteoclast precursors using *LysM-Cre* mice and found that estrogen attenuates osteoclast generation and life span via cell-autonomous effects and that ER α in osteoclasts mediates the protective effect of estrogens on trabecular but not cortical bone in female mice (13). Collectively, these two studies clearly demonstrated that ER α

in osteoclasts is crucial for trabecular bone in females, but it is dispensable for trabecular bone in male mice and for cortical bone in both males and females. However, not only osteoclasts but also osteoblasts/osteocytes express ERs (15–17). Several *in vitro* studies have suggested that ER α in osteoblasts/osteocytes is of importance for the regulation of bone metabolism, but this has not yet been demonstrated *in vivo* (2, 16, 18).

It is well established that mechanical loading is a major regulator of cortical bone dimensions (19, 20). Previous studies have demonstrated that female but not male mice with ER α inactivation display reduced cortical osteogenic bone response to mechanical loading (19, 21–24). In addition, we recently showed that ER α is required for the cortical osteogenic response to mechanical loading in a ligand-independent manner, involving activation function-1 but not activation function-2 in ER α in female mice (20). The primary ER α target cell for this role of ER α in the osteogenic bone response to mechanical loading is not yet characterized, but a plausible candidate is the osteocytes, which are the mechanosensors in bone.

Because ER α in osteoclasts is required for the bone-sparing effect of estrogen specifically in trabecular bone in female mice, we hypothesized that ER α in osteocytes might be crucial for trabecular bone in male mice, for cortical bone in both genders, and for the cortical osteogenic response to mechanical loading in female mice (13, 14). Therefore, dentin matrix protein (*Dmp1-Cre* [*Tg(Dmp1-cre)lJqfe*]) mice were crossed with *ER α ^{lox/lox}* (*Esr1^{tm1.1Gust}*) mice to generate mice lacking ER α protein expression specifically in osteocytes (*Dmp1-ER α ^{-/-}*). The main finding from this *in vivo* study shows that ER α in osteocytes is important for trabecular bone formation in male mice.

Results

Osteocyte-Specific Inactivation of ER α in *Dmp1-ER α ^{-/-}* Mice. Previous studies have shown that the *Dmp1-Cre* mouse strain has the capacity to specifically inactivate *loxP* flanked genes in osteocytes expressing CRE-recombinase selectively in osteocytes under the control of a 10-kb promoter fragment of the osteocytic *Dmp1* marker gene (25, 26). To validate that the *Dmp1-Cre* mouse strain has the capacity to specifically recombine DNA in osteocytes postnatally, we mated *Dmp1-Cre* mice with *ROSA26-Cre*

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Table 1. Serum sex steroid levels

Steroid	Female		Male	
	WT	<i>Dmp1-ERα^{-/-}</i>	WT	<i>Dmp1-ERα^{-/-}</i>
17β-Estradiol (pg/mL)	17 ± 2	15 ± 1	ND	ND
Testosterone (pg/mL)	ND	ND	976 ± 749	720 ± 422
LH (ng/mL)	0.21 ± 0.06	0.26 ± 0.06	0.53 ± 0.09	0.55 ± 0.11

Values are given as mean ± SEM, (n = 7–12). ND, not determined.

rate (BFR) in male *Dmp1-ERα^{-/-}* mice compared with WT mice (-45%, $P < 0.01$) (Fig. 2 C and D). The reduced BFR was reflected by a combination of decreased mineralizing surface (MS/BS) (Fig. 2A) and mineral apposition rate (MAR) (Fig. 2B). There was a nonsignificant trend of reduced serum bone γ -carboxyglutamate (Gla) protein (BGLAP; Osteocalcin) levels in the male *Dmp1-ERα^{-/-}* mice compared with WT mice (-22%, $P = 0.12$). Neither the number of osteoclasts per bone surface nor serum C-terminal collagen cross-links (CTX-1), which is a degradation product from C-terminal telopeptides of type I collagen, were affected in the male *Dmp1-ERα^{-/-}* mice (Fig. 2E and Table S5). These data provide evidence that trabecular bone formation is reduced but bone resorption is mainly unaffected, resulting in a net trabecular bone loss in the male *Dmp1-ERα^{-/-}* mice. Osteocyte lacunae size was not affected in the cortical or trabecular bone in the

Dmp1-ERα^{-/-} mice (Table S6). There was a nonsignificant tendency of increased osteocyte lacunae density (13.3%, $P = 0.08$) in the trabecular bone but not in the cortical bone in male *Dmp1-ERα^{-/-}* mice compared with WT mice (Table S6).

To identify the molecular mechanism behind the reduced trabecular bone formation rate in male *Dmp1-ERα^{-/-}* mice, we analyzed the expression of osteoblast and osteocyte specific transcripts in bone derived from the vertebral body, a bone with relatively high trabecular bone content. Male *Dmp1-ERα^{-/-}* mice had reduced levels of the early osteoblast markers *Runx2* and *Sp7* (Osterix), the late osteoblast marker *Ibsp* (Bone-sialoprotein), and the osteocyte marker *Dmp1* (Fig. 2 F and G and Table S7). In contrast, the mRNA levels of the two osteoclast markers *Acp5* (Trap) and *Tnfrsf11a* (Rank) were not significantly altered in the *Dmp1-ERα^{-/-}* mice (Table S7).

Female *Dmp1-ERα^{-/-}* Mice Displayed an Attenuated Trabecular Bone Response to Supraphysiological E2 Treatment.

As described above, gonadal-intact female (Sham) *Dmp1-ERα^{-/-}* mice did not have a trabecular bone phenotype (Figs. 1C and 3D). Thus, ER α in osteocytes was not required for the physiological regulation of trabecular bone in female mice. To determine if the estrogenic response to supraphysiological E2-treatment was affected in trabecular bone in female *Dmp1-ERα^{-/-}* mice, ovariectomized (ovx) WT and *Dmp1-ERα^{-/-}* mice were treated with E2 (0.17 μ g/d) for 4 wk. As expected, E2 treatment increased uterine weight,

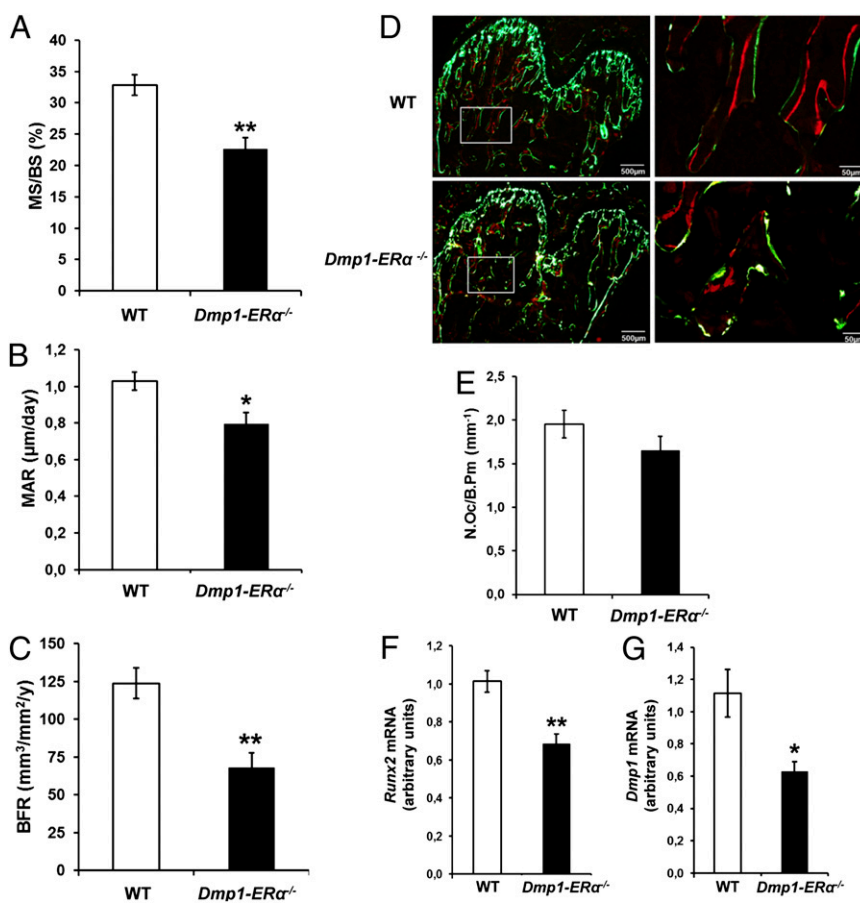


Fig. 2. Reduced trabecular bone formation in male *Dmp1-ERα^{-/-}* mice. (A–D) Histomorphometric analyses of the distal metaphyseal region of femur in 11-wk-old male *Dmp1-ERα^{-/-}* mice compared with WT mice. (A–D) Dynamic histomorphometry demonstrating reduced (A) mineralizing surface (MS/BS), (B) MAR, and (C) BFR in *Dmp1-ERα^{-/-}* mice compared with WT mice. (D) Representative sections demonstrating less trabecular bone formation in the *Dmp1-ERα^{-/-}* mice compared with WT mice (calcein/green and alizarin/red). (Left) Distal femur metaphyseal region; (Right) close up of the indicated area in the metaphysis. (E) Number of osteoclasts per bone perimeter (N.Oc/B.Pm). (F and G) Reduced expression of transcripts related to bone formation in male *Dmp1-ERα^{-/-}* mice. (F) *Runx2* and (G) *Dmp1* mRNA levels in bone from the vertebral body analyzed by RT-PCR. Values are given as mean ± SEM, * $P < 0.05$, ** $P < 0.01$ vs. WT (n = 7–12).

trabecular BV/TV in L₅ vertebrae, and cortical thickness and decreased thymus weight and gonadal fat weight in ovx WT mice (Fig. 3 and Table S8). The E2 responses on uterine weight, gonadal fat weight, thymus weight, and cortical thickness were unaffected in ovx *Dmp1-ERα*^{-/-} mice compared with ovx WT mice (Fig. 3 A and B and Table S8). In contrast, the E2 response on trabecular bone parameters (BV/TV, thickness, and number) was significantly reduced in ovx *Dmp1-ERα*^{-/-} mice compared with the E2 response in ovx WT mice (Fig. 3 C–F).

Normal Osteogenic Response to Mechanical Loading in *Dmp1-ERα*^{-/-} Mice. Earlier studies have demonstrated that female but not male mice with *ERα* inactivation display reduced cortical osteogenic bone response to mechanical loading (19, 21–24). To determine if the reduced osteogenic response to mechanical loading in female *ERα*^{-/-} mice is caused by a lack of *ERα* in osteocytes, we loaded tibiae of female *Dmp1-ERα*^{-/-} mice and WT mice using a standardized axial loading procedure. The cortical osteogenic

bone response was similar in *Dmp1-ERα*^{-/-} mice (tibia cortical bone area 28.2 ± 1.2% over unloaded control tibia, *P* < 0.001) and WT mice (tibia cortical bone area 29.2 ± 2.6% over unloaded control tibia, *P* < 0.001) (Fig. S1), demonstrating that *ERα* in osteocytes is not crucial for the osteogenic response to mechanical loading in female mice.

Discussion

Bone tissue consists of bone-forming osteoblasts and bone-resorbing osteoclasts, which are located on the surface of the bone, and osteocytes located in the extracellular bone matrix (27). Osteoblasts/osteocytes are derived from mesenchymal stem cells but osteoclasts are macrophage lineage multinuclear giant cells that originate from hematopoietic stem cells (28). It is well established that *ERα* is crucial for the bone-sparing effect of estrogen and that *ERα* in osteoclasts is indispensable for the bone-sparing effect of E2 in trabecular bone in female mice, but the importance of *ERα* in osteoblasts/osteocytes is not yet

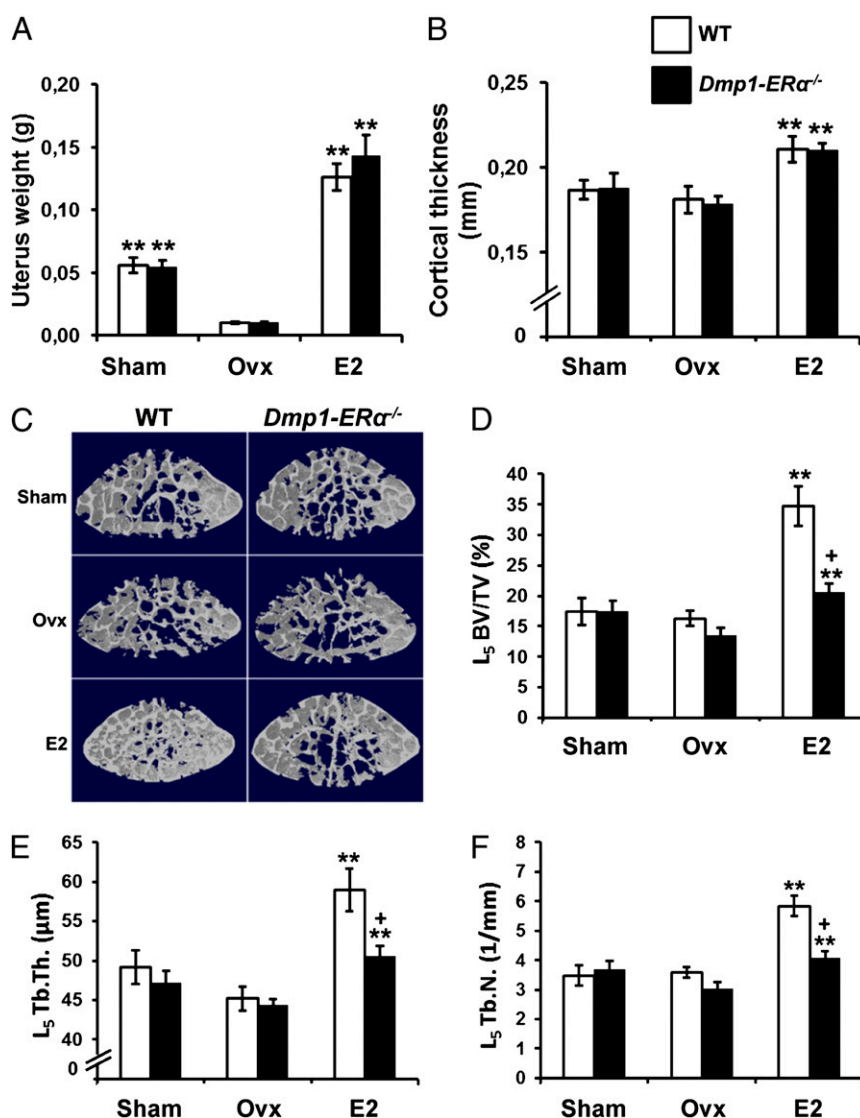


Fig. 3. Female *Dmp1-ERα*^{-/-} mice displayed an attenuated trabecular bone response to supraphysiological E2 treatment. Three-month-old ovx *Dmp1-ERα*^{-/-} and littermate control mice (WT) were treated with placebo or E2 for 4 wk using slow release pellets (Innovative Research of America), delivering placebo or a slightly supraphysiological dose of E2 (0.17 μg per mouse per day). (A) Uterine weight. (B) Cortical bone thickness. (C–F) MicroCT analyses of trabecular bone in L₅ vertebrae, (D) BV/TV, (E) trabecular thickness (Tb.Th.) and (F) trabecular number (Tb.N.). Sham, sham operated gonadal-intact mice. Values are given as mean ± SEM, (*n* = 8–10). ***P* < 0.01 vs. OVX, +*P* < 0.05 E2 effect in *Dmp1-ERα*^{-/-} mice vs. E2 effect in WT mice.

photoperiod (12-h light, 12-h dark) and fed pellet diet ad libitum. All efforts were made to minimize suffering. All animal experiments had been approved by the local Ethical Committees for Animal Research (Göteborgs djurförsöksetiska nämnd, application no. 135-2011). Mice expressing CRE-recombinase driven by the 10-kb *Dmp1* promoter specifically in osteocytes [*Tg(Dmp1-cre)1Jqfe* mice] (31) were mated with $ER\alpha^{flox/flox}$ (*Esr1^{tm1.1Gust}*) (32) mice to generate mice specifically lacking $ER\alpha$ in osteocytes. Double-heterozygous $Cre^{+/-}ER\alpha^{flox/-}$ mice were mated with $ER\alpha^{flox/flox}$ mice to generate $Cre^{+/-}ER\alpha^{flox/flox}$ (*Dmp1-ER α ^{-/-}*) mice, and $Cre^{-/-}ER\alpha^{flox/flox}$ (control; WT) mice. Further details are provided in *SI Materials and Methods*.

X-Ray Analyses. CT scans of the femur and tibia were performed by using pQCT XCT RESEARCH M (v4.5B; Norland) as described previously (12, 33). The μ CT analyses were performed on the lumbar vertebra (L₅) using a model 1072 scanner (Skyscan) (29, 34, 35). Further details are provided in *SI Materials and Methods*.

In Vivo Loading of the Tibia. When under inhalation anesthesia with Isoflurane (Forene; Abbot Scandinavia), the right tibia of 3-mo-old female *Dmp1-ER α ^{-/-}* and WT mice were axially loaded on 3 alternate days per week for 2 wk for 40 cycles per day with a trapezoid waveform, with 10-s rest between cycles. Further details are provided in *SI Materials and Methods*.

Histomorphometry. Trabecular bone from femur was evaluated using static and dynamic histomorphometric analyses (36). Further details are provided in *SI Materials and Methods*.

Gene Expression Analyses. Total RNA from humerus, calvaria, vertebral body, uterus, spleen, and kidney was prepared for real-time PCR analysis. Further details are provided in *SI Materials and Methods*.

Measurement of Serum Hormone Levels. Commercially available RIA kits were used to assess serum concentrations of E2 (Siemens Medical Solutions), testosterone (RIA; ICN Biomedicals), LH (RIA AHR002, IDS), BGLAP (IRMA; Immutopics), and CTX-1 (RatLaps EIA, IDS Biocode-Hycl). Procollagen type I amino-terminal propeptide (P1NP) was measured in serum using a mouse P1NP EIA assay (ImmunoDiagnostic Systems) according to the manufacturer's instructions.

Three-Point Bending. The three-point bending test (span length 5.5 mm, loading speed 0.155 mm/s) at the mid tibia was made using the Instron universal testing machine (Instron 3366, Instron). Based on the recorded load deformation curves, the biomechanical parameters were acquired from raw-files produced by Bluehill 2 software v2.6 (Instron), with custom-made Excel macros.

Statistical Analyses. Values are given as mean \pm SEM. The statistical differences between WT and *Dmp1-ER α ^{-/-}* mice and between ovx E2 and ovx placebo were calculated using Student's *t* test. The statistical differences in E2 response between ovx WT and ovx *Dmp1-ER α ^{-/-}* mice were calculated by the interaction *P* value from a two-way-ANOVA including genotype (WT or *Dmp1-ER α ^{-/-}*) and treatment (ovx or ovx+E2).

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